



Yogurt Flake Rice Crispy Treats

Makes one 30x20cm tray

300g sugar free marshmallows

50g coconut oil

200g Rice Crispies

5 individual packets Fruit Bowl Yogurt Flakes

300g yogurt drops

1. Line a 30cm x 20cm tray with parchment.
2. Place the marshmallows and coconut oil in a large glass bowl and microwave for 2 minutes until melted, give them a good mix with a spatula to ensure they are thoroughly combined.
3. Pour in the Rice Crispies and 4 bags of Fruit Bowl Yogurt Flakes and stir until evenly coated. The marshmallow will start to set so try to do this quickly.
4. Pour the mixture into the lined tray and with wet hands, flatten it all out and push into the edges.
5. Melt the yogurt drops in the microwave, 30 seconds at a time.
6. Drizzle on top, then sprinkle with remaining Yogurt Flakes.
7. Allow to set in the fridge for an hour before slicing and serving.