build a garden den!

#5in5
let's go outside!

there's nothing better than making a secret camp in your garden!

steps:

- step 1: find a good spot to build your perfect den ☐
- step 2: space out 4 chairs - back to back (2 each side) ☐
- step 3: place poles or sticks over the top of the chairs ☐
- step 4: spread blankets or sheets over the top to create a roof ☐
- step 5: you can use pegs or string to secure the roof ☐
- step 6: place a rug or picnic blanket on the ground ☐
- step 7: add cosy cushions ☐
- step 8: bring your favourite books, toys and games ☐
  ...don't forget the snacks!

you will need:

- blankets or sheets
- 4 chairs
- 2 sticks or poles (broom, mop)
- rug, picnic blanket
- cushions
- books, toys, games, snacks

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Play Chalk games!

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use coloured chalk to create fun games on your drive or a pavement.

Draw a long, wiggly line and see if you can follow it right to the end. Create a giant target and see if you can throw a beanbag or small toy into the centre. Play a supersized game of noughts and crosses or create your own obstacle course with instructions written at each stage.

You will need:

- all you need is chalk!

hopscotch

Let's jump our wat to the highest number and see who can make it without falling!

noughts and crosses

Get competitive and play a supersized game of noughts and crosses

obstacle course

Create your own obstacle course with instructions written at each stage. Challenge each other to see who can get through the most courses or use a timer to see who is the quickest!

follow the line

Draw a long, wiggly line and see if you can follow it right to the end.

bullseye game

Create a giant target and see if you can throw a beanbag or small toy into the centre.

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make a maze using sticks!

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it's great fun to try and find your way out of a maze. build one in your garden and challenge a friend to solve it!

steps:

step 1: draw your own maze

step 2: collect sticks from the park, forest or around your house

step 3: using the maze map you have designed, plan out your maze on the ground

step 4: challenge a friend to solve it!

tips:

- include a dead end or two to make it more confusing
- for a bigger challenge, wear a blindfold and get your friend to steer you through the maze with their voice

you will need:

- pen
- paper
- sticks

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build an obstacle course!

some items you might use:

- cardboard boxes
- cushions
- rope
- sticks
- stones
- bean bags
- hula hoops
- play tunnels/tents
- cones
- balloons
- sacks
- skipping rope

design your obstacle course - use your imagination!

tips:

- race a friend while holding a ball between your knees
- crawl, skip, balance and throw!
- get extra competitive and record your times

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make your own treasure map!

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you will need:

- paper
- colouring pens
- glue
- printer
- scissors

step 1 print our map template

step 2 cut out the map and the labels from the worksheet

step 3 hide a secret object somewhere in the garden or your neighbourhood

step 4 draw a map to help someone find the object

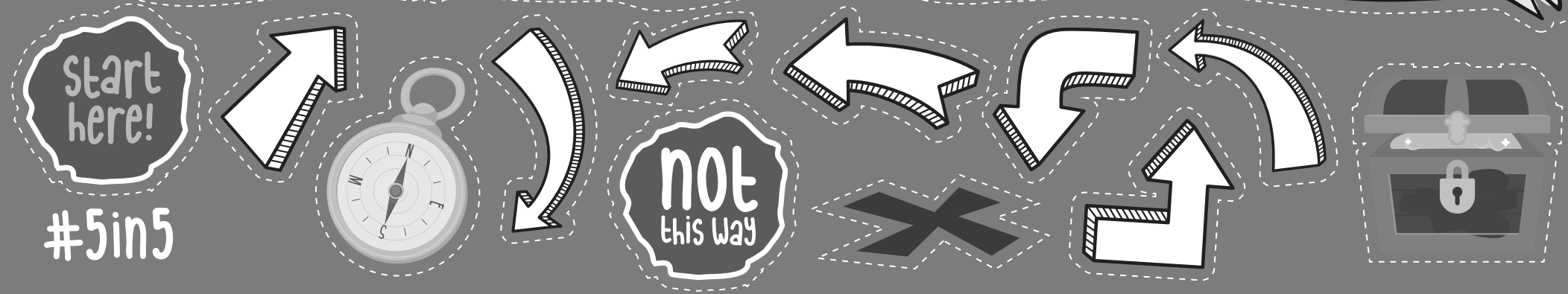
step 5 plot out the route to take them from where they are to the treasure

step 6 make sure you include lots of helpful drawings and cut out labels so that the map reader understands where to go

step 7 will you need arrows, a compass and a key on your map?

tips:

- use the X to mark the spot where you start
- use landmarks, houses, trees and shrubs to help the hunters find their way
- use a tea bag to make the map look old and let it dry!



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set up an outdoor kitchen

cooking outdoors makes everything taste better – and it's ok to make a mess! make sure an adult is happy with your plans and is there to help. then, get cooking!

outdoor kitchen

step 1 set up working station

step 2 write your menu

step 3 ask an adult to help with the food preparation

step 4 set up the table in the garden (or use a picnic blanket)

step 5 serve your food

step 6 enjoy!

tip:

decide whether you want to prepare and cook some real food, or invent a pretend recipe with things from around your garden – leaves, petals, water and soil.

you will need:

- small table to use as your food prep area
- kitchen utensils
- pans
- plates
- cups
- food
- cutlery
- pen
- scissors

get crafty outdoors!

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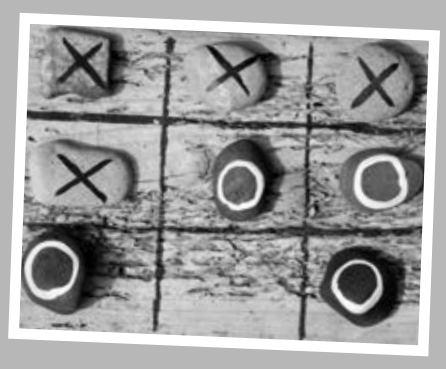
crafts are always fun, and making things is even more exciting outdoors. use your imagination to come up with creative things to do!

noughts and crosses



step 1 collect 10 stones

step 2 paint crosses on 5 stones and circles on the other 5

step 3 draw horizontal and vertical liness

step 4 start playing

you will need:

- 10 stones
- paints and a paint brush
- sheet of paper
- scissors

junk modelling

step 1 gather your items

step 2 design your creation

step 3 some of the ideas might include: robots, houses, planes, cars, dinosaurs, binoculars

step 4 get outside and start making your creation!

you will need:

...whatever items you can find, be creative!

- plastic bottles, cartons, empty cereal boxes, cardboard tubes, sweet wrappers, foil, fabric scraps, jar lids, yarn or cotton reels
- glue, cellotape, and scissors

shadow drawing

step 1 on a sunny day, set out some toys on a sheet of paper

step 2 draw around their shadows

you will need:

- pens or colouring pencils and a sheet of paper
- objects to draw around - animal figures, dinosaurs, cars, fairies, robots or your favourite toy...be creative!
- a sunny day!

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do a scavenger hunt!

Print off our scavenger hunt sheet and see how quickly you can spot everything!

Look at the items below and cross out the ones you see!

Ball

Red car

Flower

Cat

Backpack

Bike

Blue door

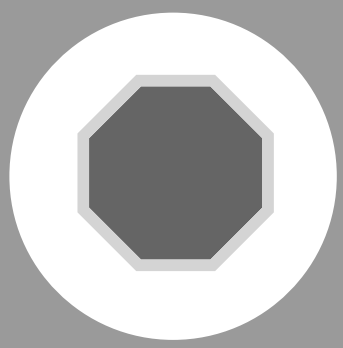
Tree

Cloud

Post box

Airplane

Dog


Signpost

Motorbike

Boot

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bury a time capsule!

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steps:

- complete our worksheet and include it in the time capsule
- put in a few objects that you like, or are popular today, or write a list of things about the current time
- make sure you include something that shows today's date
- ask an adult to help you bury your capsule
- one day, someone will open the box and learn what it was like being you in the year 2021!

you will need:

- a strong weathertight container, large enough to hold your items (could be a tin or a jar)
- our time capsule list
- objects to bury

about me:

Name: .....

Age: ..... Height .....Weight.....

Friends: .....

the price of

Milk is: ..... My favourite food is: .....

things i like to do:

Sport: ..... Hobby: .....

Go on holiday to: .....

Learn about: .....

my faves:

Toy: .....

Games to play: .....

Online games: .....

Book: .....

Music/Song: .....

Movie: .....

TV Programme: .....

Colour: .....

Food: .....

Dessert: .....

Ice Cream Flavour: .....

Chocolate/Sweets: .....

follow the clues!

#5in5 let's go outside!

create a set of clues for someone to follow around your house and garden.

steps:

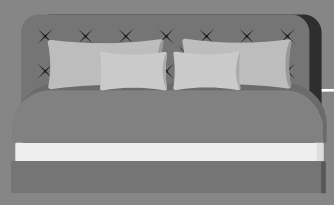
- **step 1** print out the flash cards
- **step 2** cut them out
- **step 3** hide the clues around your house and garden
- **step 4** each clue will tell the seeker where to look for the next one

you will need:

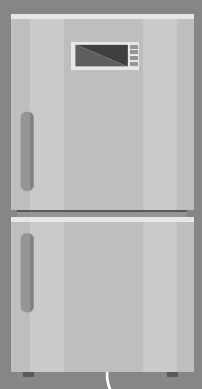
- paper
- printer
- scissors

no time to waste! the first clue is hiding where you see your face

the next clue has been seen where your clothes get clean



the next clue is in sight, find it where you rest at night



don't hold...the next clue is where the food is kept cold

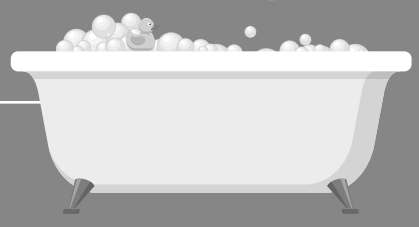
go to the garden, it is hot hot hot, is there something hiding under the flower pot?

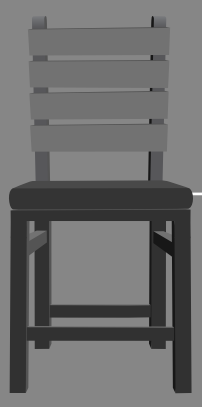
it's time to go! next clue is where you watch your favourite show

look for the next clue, where you can find a shoe

while you are walking around, look for your clue where you sit down

to find your next clue, dash where you have an evening splash

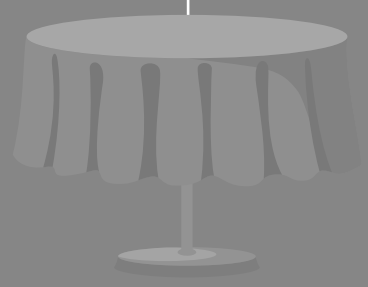




look left, look right, the next clue is where you sit outside

the next clue is hiding, where your dirty clothes are piling

now you are nearly a winner! look for a clue where you have your dinner



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let's get
outside!
follow the clues!